

# BASIC NURSING ASSISTANT

## 6 Month

### PAPER 1

### FUNDAMENTALS OF NURSING, PHARMACOLOGY AND MICROBIOLOGY



### PAPER 1

### FUNDAMENTALS OF NURSING

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| <p> <b>A</b> DEFINITION OF NURSING<br/> <b>B</b> PRINCIPLES OF NURSING<br/> <b>C</b> DEVELOPMENT OF NURSING<br/> <b>D</b> ETIQUETTE'S OF NURSING PROFESSION<br/> <b>E</b> ETHICS OF NURSING<br/> <b>F</b> DUTIES AND RESPONSIBILITIES OF A NURSE<br/> <b>G</b> QUALITIES OF A NURSE<br/> <b>H</b> THE NURSE AND LEGISLATION<br/> <b>I</b> INTRODUCTION OF NURSING<br/>           &gt; A GENERAL VIEW<br/>           &gt; ORIGIN OF NURSING<br/>           &gt; GOALS AND SCOPE OF NURSING<br/>           &gt; INTER PERSONAL RELATIONSHIPS<br/>           &gt; BASIC NURSING PRINCIPLES<br/>           &gt; NURSING PROCEDURES &amp; NURSING TECHNIQUES<br/>           &gt; IMPORTANT FACTORS OF A PROCEDURE<br/>           &gt; NEEDED STEPS OR STAGES OF A PROCEDURE<br/> <b>J</b> HOSPITAL<br/>           &gt; FUNCTIONS OF HOSPITAL<br/>           &gt; TYPES OF HOSPITALS<br/>           &gt; HOSPITAL HOUSE KEEPING<br/>           &gt; PRINCIPLES OF HOUSE KEEPING<br/>           &gt; CARE OF CLOTHES, PILLOWS, MATTRESS<br/>           &gt; CARE OF FURNITURE<br/>           &gt; CARE OF SANITARY UNITS<br/>           &gt; PLACE OF PATIENT IN THE HOSPITAL<br/>           &gt; ENVIRONMENTAL HYGIENE<br/>           &gt; PERSONAL HYGIENE-ORAL HYGIENE, SKIN CARE, HAIR BATH, BODY BATH, HAIR CARE, CARE OF EYE, EAR PERINEAL CARE<br/>           &gt; MICRO ORGANISMS AND DISEASE TRANSMISSION<br/>           &gt; IMPORTANT OF CLEANLINESS AND CLEANING AGENTS         </p> | <p> <b>K</b> BASIC NURSING CARE NEEDS OF THE PATIENT<br/>           &gt; PSYCHOLOGICAL, SOCIAL &amp; SPIRITUAL NEEDS<br/>           &gt; PHYSICAL COMFORT<br/>           &gt; HYGIENIC NEEDS<br/>           &gt; NUTRITIONAL NEEDS<br/>           &gt; ELIMINATION NEEDS<br/>           &gt; OBSERVATION<br/>           &gt; MEDICATION NEEDS<br/>           &gt; GIVING AND TAKING OF BED PAN<br/>           &gt; GIVING AND REMOVING URINAL<br/>           &gt; CONSTIPATION - DEFINITION<br/>           &gt; CAUSES OF CONSTIPATION<br/> <b>L</b> HOT AND COLD APPLICATIONS-HOT WATER BAG, FOMENTATION, DIFFERENT TYPES OF FOMENTATION, ICE BAG, COLD COMPRESS, COLD SPONGE<br/> <b>M</b> ENEMA-DIFFERENT TYPES OF ENEMA, PURPOSE OF ENEMA<br/>           &gt; EVACUANT ENEMA<br/>           &gt; SIMPLE ENEMA<br/>           &gt; MEDICATED ENEMA<br/>           &gt; PURGATIVE<br/>           &gt; ANTHELMINTIC<br/>           &gt; OIL ENEMA<br/>           &gt; ENEMA<br/> <b>N</b> ASTRINGENT<br/>           &gt; CARMINATIVE ENEMA<br/>           &gt; RETAINED ENEMA<br/>           &gt; NUTRIENT<br/>           &gt; EMOLLENT<br/>           &gt; STIMULANT<br/>           &gt; SEDATIVE<br/>           &gt; ENEMA<br/>           &gt; ANAESTHETIC ENEMA         </p> |
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## PAPER 1

## PHARMACOLOGY

- A DEFINITION
- B DRUGS
- C PHARMACY – SOURCE OF DRUGS-FORMS OF DRUGS
- D ROUTES OF ADMINISTRATION
- E VARIOUS TYPES OF DRUGS-CLASSIFICATION  
ADVANTAGES AND DISADVANTAGES OF DRUG
- F DOSE-DEFINITION
- G MINIMUM DOSE
- H MAXIMUM DOSE – OVER DOSE
- I ORAL ADMINISTRATION
- J PURPOSE OF ADMINISTRATION
- K METHODS OF ADMINISTRATION

- L CALCULATING DOSAGE
- M DOMESTIC MEASUREMENT
- N METRIC SYSTEM
- O TABLE MEASURE
- P INJECTION-DEFINITION
- Q PURPOSE OF INJECTION
- R COMMON DANGERS OF INJECTION
- S DIFFERENT ROUTES
- T INFUSION
- U SPECIAL POINTS TO BE REMEMBERED

## PAPER 1

## MICROBIOLOGY

- A INFECTION – DEFINITION
- B STERILIZATION – DISINFECTION
- C METHODS OF TRANSMISSION OF DISEASES
- D IMMUNITY-DEFINITION –TYPES
- E BACTERIA-COMMON BACTERIA
- F VIRUSES-DEFINITION SMALL POX VIRUS, CHICKEN  
POX VIRUS, MEASLES, POLIO, AIDS VIRUSES