

Certificate in Nursing Assistant

12 Month

PAPER 1

FUNDAMENTALS OF NURSING, PHARMACOLOGY AND MICROBIOLOGY

PAPER 2

ANATOMY AND PHYSIOLOGY, SOCIOLOGY, PSYCHOLOGY AND FIRST AID

PAPER 1

FUNDAMENTALS OF NURSING

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- ◆ A DEFINITION OF NURSING
 - ◆ B PRINCIPLES OF NURSING
 - ◆ C DEVELOPMENT OF NURSING
 - ◆ D ETIQUETTE'S OF NURSING PROFESSION
 - ◆ E ETHICS OF NURSING
 - ◆ F DUTIES AND RESPONSIBILITIES OF A NURSE
 - ◆ G QUALITIES OF A NURSE
 - ◆ H THE NURSE AND LEGISLATION
 - ◆ I INTRODUCTION OF NURSING
 - > A GENERAL VIEW
 - > ORIGIN OF NURSING
 - > GOALS AND SCOPE OF NURSING
 - > INTER PERSONAL RELATIONSHIPS
 - > BASIC NURSING PRINCIPLES
 - > NURSING PROCEDURES & NURSING TECHNIQUES
 - > IMPORTANT FACTORS OF A PROCEDURE
 - > NEEDED STEPS OR STAGES OF A PROCEDURE
 - ◆ J HOSPITAL
 - > FUNCTIONS OF HOSPITAL
 - > TYPES OF HOSPITALS
 - > HOSPITAL HOUSE KEEPING
 - > PRINCIPLES OF HOUSE KEEPING
 - > CARE OF CLOTHES, PILLOWS, MATTRESS
 - > CARE OF FURNITURE
 - > CARE OF SANITARY UNITS
 - > PLACE OF PATIENT IN THE HOSPITAL
 - > ENVIRONMENTAL HYGIENE
 - > PERSONAL HYGIENE-ORAL HYGIENE, SKIN CARE, HAIR BATH, BODY BATH, HAIR CARE, CARE OF EYE, EAR PERINEAL CARE
 - > MICRO ORGANISMS AND DISEASE TRANSMISSION
 - > IMPORTANT OF CLEANLINESS AND CLEANING AGENTS
 - ◆ K BASIC NURSING CARE NEEDS OF THE PATIENT
 - > PSYCHOLOGICAL, SOCIAL & SPIRITUAL NEEDS
 - > PHYSICAL COMFORT
 - > HYGIENIC NEEDS
 - > NUTRITIONAL NEEDS
 - > ELIMINATION NEEDS
 - > OBSERVATION
 - > MEDICATION NEEDS
 - > GIVING AND TAKING OF BED PAN
 - > GIVING AND REMOVING URINAL
 - > CONSTIPATION - DEFINITION
 - > CAUSES OF CONSTIPATION
 - ◆ L HOT AND COLD APPLICATIONS-HOT WATER BAG, FOMENTATION, DIFFERENT TYPES OF FOMENTATION, ICE BAG, COLD COMPRESS, COLD SPONGE
 - ◆ M ENEMA-DIFFERENT TYPES OF ENEMA, PURPOSE OF ENEMA
 - > EVACUANT ENEMA
 - > SIMPLE ENEMA
 - > MEDICATED ENEMA
 - > PURGATIVE
 - > ANTHELMINTIC
 - > OIL ENEMA
 - > ENEMA
 - > ASTRINGENT
 - > CARMINATIVE ENEMA
 - > RETAINED ENEMA
 - > NUTRIENT
 - > EMOLLENT
 - > STIMULANT
 - > SEDATIVE
 - > ENEMA
 - > ANAESTHETIC ENEMA

PAPER 1**PHARMACOLOGY**

- A DEFINITION
- B DRUGS
- C PHARMACY – SOURCE OF DRUGS-FORMS OF DRUGS
- D ROUTES OF ADMINISTRATION
- E VARIOUS TYPES OF DRUGS-CLASSIFICATION
ADVANTAGES AND DISADVANTAGES OF DRUG
- F DOSE-DEFINITION
- G MINIMUM DOSE
- H MAXIMUM DOSE – OVER DOSE
- I ORAL ADMINISTRATION
- J PURPOSE OF ADMINISTRATION
- K METHODS OF ADMINISTRATION

- L CALCULATING DOSAGE
- M DOMESTIC MEASUREMENT
- N METRIC SYSTEM
- O TABLE MEASURE
- P INJECTION-DEFINITION
- Q PURPOSE OF INJECTION
- R COMMON DANGERS OF INJECTION
- S DIFFERENT ROUTES
- T INFUSION
- U SPECIAL POINTS TO BE REMEMBERED

PAPER 1**MICROBIOLOGY**

- A INFECTION – DEFINITION
- B STERILIZATION – DISINFECTION
- C METHODS OF TRANSMISSION OF DISEASES
- D IMMUNITY-DEFINITION –TYPES
- E BACTERIA-COMMON BACTERIA
- F VIRUSES-DEFINITION SMALL POX VIRUS, CHICKEN
POX VIRUS, MEASLES, POLIO, AIDS VIRUSES

PAPER 2**ANATOMY**

- A GENERAL ANATOMY OF HUMAN BODY
- B SYSTEMS OF BODY
- C FUNCTIONS OF EACH SYSTEM
- D DISEASES CAUSED TO EACH SYSTEM
- E CARE OF EACH SYSTEM

PAPER 2**PSYCHOLOGY**

- A PSYCHOLOGY – DEFINITION
- B PSYCHOLOGY OF SICK PERSON
- C NEED FOR PSYCHOLOGICAL SUPPORT TO SICK PERSON
- D MENTAL ADJUSTMENT OF INDIVIDUALS
- E CARE OF MENTALLY RETARDED & INSANE PERSONS

PAPER 2**ANATOMY**

- A HUMAN BODY
- B FUNCTION OF EACH ORGAN
- C DISORDERS OF ORGAN

PAPER 2**FIRST AID**

- A FIRST AID – DEFINITION
- B FIRST AIDER-DEFINITION DUTIES & RESPONSIBILITIES
- C ARTIFICIAL RESPIRATION
- D ELECTRIC SHOCK, BURNS, SCALDS, SHOCK
- E CONTROL OF BLEEDING, UNCONSCIOUSNESS
- F BLEEDING FROM NOSE & EAR, EPILEPTIC FITS
- G FRACTURES & INJURIES, DISLOCATION, HIGH FEVER
- H SOMETHING GET STRUCK IN THE THROAT
- I DROWING
- J INSECT BITE
- K DOG BITE
- L SNAKE BITE
- M FOOD POISONING
- N CHEMICAL POISONING

PAPER 2**SOCIOLOGY**

- A DEFINITION OF SOCIOLOGY AND SOCIAL PROBLEMS
- B HOW ILLNESS AFFECT SOCIETY
- C ROLE OF SOCIETY IN PREVENTING EPIDERMIC DISEASES